

Halifax Homeless Resources

EMERGENCY

Avalon Sexual Assault Response Line	422-4240
(after hours)	425-0122
Feed Nova Scotia Help Line	421-1188
Phone counselling support	
Halifax Regional Poison Centre	470-8161
Kids Help Line (24-hour)	1-800-668-6868
Mental Health Mobile Crisis Team	429-8167
Parent Help Line (24-hour)	1-888-603-9100
Youth Help Line (24-hour)	420-8336

SHELTERS

Adsum for Women & Children	429-4443/423-4443
2421 Brunswick Street, Halifax	
Barry House – Women	422-8324
2706 Gottingen Street, Halifax	
Bryony House - Abused Women	422-7650
Marguerite Centre - Women	876-0006
Addiction Recovery	
Metro Turning Point - Men	420-3282
2170 Barrington Street, Halifax	
Out-of-the Cold Winter Shelter – Youth, Men, Women	423-9209
St. Matthew’s United Church	
1479 Barrington Street, Halifax	
Phoenix Youth Shelter, age 16-24	446-4663
1094 Tower Road, Halifax	
Salvation Army - Men	422-2363
2044 Gottingen Street, Halifax	

HEALTH SERVICES

HealthLink 811	811
TTY	711
For non-emergency health information and services	
Addiction Prevention and Treatment Services	424-8866
Central Information, Referral, 24/7	424-5623
300 Pleasant Street, Dartmouth	
CHOICES, IWK Health Centre, youth 13-19	470-6300
Substance abuse, gambling	
Cobequid Community Health Centre	879-6100
40 Freer Lane, Lower Sackville	

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Dartmouth General Hospital 325 Pleasant Street, Dartmouth	465-8300
Direction 180 Methadone Clinic 5511 Cornwallis Street, Halifax	420-0566
Halifax Sexual Health Centre Appointment only	455-9656
IWK Health Centre 5850/5980 University Avenue, Halifax	470-8888
Mainline Needle Exchange and Outreach 5511 Cornwallis Street, Halifax	830-3853
Mobile Outreach Street Health Program (MOSH)	429-5290
North End Community Health Centre 2165 Gottingen Street, Halifax	420-0303
Nova Scotia Hospital 300 Pleasant Street, Dartmouth	464-3111
QEII Health Sciences Centre 5955 Veteran's Memorial Lane, Halifax	473-2700

COMMUNITY SERVICES - INCOME ASSISTANCE

Halifax, 8.30-4.30, M-F 2131 Gottingen Street, 3 rd floor	424-4150
Dartmouth, 8.30-4.30, M-F 44 Portland Street, 4 th floor	424-1600
Metro Regional Housing Authority	420-6000
Child Protection Services (DCS/CAS)	424-5420/424-2434

DROP-IN CENTRES, SOUP KITCHENS & FOOD BANKS

Brunswick Street United Church 2107 Brunswick Street, Halifax Drop-in: Mon-Fri, 9am to 2pm Meals: Mon-Sat, 7am to 8am Food Bank: Thu, 9.30am; distribution 10.30am to noon - pre-register on Wed during drop-in for food bank	423-4605
Feed Nova Scotia Food bank/food assistance resources	457-1900
Metro Turning Point – Men 2170 Barrington Street, Halifax	420-3282
Metro Non-Profit Housing Support Centre 2330 Gottingen Street, Halifax Drop-in: Mon-Fri, 8am to noon Food bank: Mon-Fri, donuts, fruit, snacks, etc.	423-5479

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Hope Cottage	429-7968
2435 Brunswick Street, Halifax Mon-Fri, 10-11am, 5-6pm	
Parker Street Food & Furniture Bank	425-2125
2415 Maynard Street, Halifax Mon., Wed., Fri., fill food orders, 8.30-11.30am; registration starts half hr before order times.	
Mi'kmaq Native Friendship Centre	420-1576
2158 Gottingen Street, Halifax Mon-Fri, 9-4pm	
Stepping Stone	420-0103
Support for sex workers	
ARK	492-2577
2177 Gottingen Street, Halifax Youth 16-24 Mon-Fri, hours vary	
Phoenix Centre for Youth/Health Program	420-0676
6035 Coburg Road, Halifax Tue & Fri, 2-5pm	
Lesbian, Gay, Bi-Sexual Youth Project	429-5429
2281 Brunswick Street, Halifax Call first	
Feeding Others of Dartmouth	464-2919
43 Wentworth Street, Dartmouth Lunch: Mon-Sun, noon-12.30pm Supper: Mon, Tue, Wed, 4.30-5pm	
Saint Matthew's United Church	423-9209
1479 Barrington Street, Halifax Breakfast: Sun 8.30am to 10am	
Saint George's Anglican Church	423-1059
2221 Maitland Street, Halifax Supper: Sat 4-5.30pm	
Sunday Supper	492-2577
6036 Coburg Road, Halifax	
St. Mary's Basilica Drop-in	
5221 Spring Garden Road, Halifax Mon-Fri, 1.30-3.30pm	